

♥️🍀 PK Move's Special Events & Classes, March 2019 🍀♥️

Meet and Move

Friday March 15, 11am

Dolce & Bean (2003a Mt. Vernon Ave. Alexandria, VA)

Escape the March Madness and join us for "Meet & Move" at Dolce & Bean for free wellness tips and giveaways. While you're there, check out their fine European chocolates, delicious gelato, and fancy coffee!

Special Events & Classes

This month, PK Move will be offering several PRIVATE events. That right! In addition to private classes, you can book us for parkour speechifying, interactive demonstrations and performances. Also, next month, we will be expanding our PK Silver class offerings in Alexandria City, Northern Virginia and Washington DC. Please contact us at admin@pkmove.org if you're interested in scheduling a demo or forming a class in your community.

Spring2Action

Wednesday April 10, ALL DAY

Alexandria's "day of giving," Spring2Action, is only six weeks away! In preparation for our biggest fundraising event of the year, we're working hard on our fundraising webpage and organizing a special event for this important occasion - Stay tuned!

Pop-Up Playground

Apologies for the delay, but we are also working on the Pop-Up Playground schedule with RPCA for 2019. It will be posted as soon as available! This are FREE public obstacle course and natural movement events for all ages and abilities.



Questions? Please contact us for more information by telephone 571-386-4094, email admin@pkmove.org, or visit www.pkmove.org