

JULY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4 CLOSED 	5 Study 9-10am	6 Study 9-10am	7
8	9	10	11 PK Silver 10am	12	13 Study 9-10am	14
15	16	17	18 PK Silver 10am	19	20 Study 9-10am	21
22	23	24	25 PK Silver 10am	26	27 Study 9-10am	28
29	30	31				



Did you know that July is National Parks and Recreation Month? PK Move has a strong partnership with Alexandria RPCA. We urge all PK Movers to:

- Explore everything RPCA has to offer: Playgrounds, Rec. centers, sports leagues, summer camps, classes, etc.
- Discover the sometimes hidden roles of local parks and recreation, like science, technology, engineering and math (STEM) programming; senior programs (PK Silver); innovative health and wellness opportunities (Parkour); community celebrations; outdoor education; flood mitigation; community gardens: maintenance, etc.

